

-Sponsors-

AVANTI SPORTS



"Professional Racquet Services"

www.avantisports.com



Coaches' Quotes

"Roger has a genuine love of the game . . . his enthusiasm is definitely exhibited and shared in his instruction."

Lisa Moldrem
Former Women's Head Coach
University of Washington

"Roger is very knowledgeable about the game of tennis. It is very obvious he has the respect of his players."

Dick Gould
Former Men's Head Coach
Stanford University

"A conscientious and perceptive coach with analytic skills, Roger has the ability to inspire and guide his players to give their best on and off the court."

Cordell Ho
Men's' Assistant Coach

Mill Creek Tennis Club



Typical Daily Schedule

12PM-12:10PM	Jog/Stretch
12:10PM-12:20PM	Warm-up
12:20PM-1:20PM	Three 20-min stations (ground strokes, serves, volleys)
1:20PM-2:10PM	Hitting Drills
2:10PM-2:40PM	Play Sets
2:40PM-3:00PM	Footwork & conditioning drills, cool-down stretching

Emergency Phone & Voice Mail:

Mill Creek: 425-224-4167

In Case of Rain

Mill Creek Camps have Indoor Ct access.

What to Bring

Campers should come prepared with comfortable tennis clothes, shoes, racquet, hat, water bottle, sunscreen, snacks, etc. Camp Staff will have a 1st Aid Kit on site

Additional Questions & Information

Mill Creek TC: 15505 Country Club Dr..
Mill Creek, WA 98012
(425) 224-4167
E-mail: millcreektennisclub@gmail.com



MILL CREEK



TENNIS CLUB USA

2011 Holiday Tennis Camps



Juniors (Ages 12-17)

December 26th to 30th

<u>Level</u>	<u>Time</u>	<u>Location</u>
Jr. Varsity	12PM-3PM	Mill Creek TC
Varsity	3PM-6PM	Mill Creek TC

Features

Low Student to Teacher Ratio
Chalk Talks
Collegiate Style Training
Daily Prizes
End-of-Camp Tournament

Camp Fees Club Members: \$200
Non-Members: \$240

Camp Director

Roger Mark : Director Of Tennis
Mill Creek Tennis Club

Camp Instructors

Ted Kim
Kent van Alstyne

Mill Creek Tennis Club
MCTC Holiday Membership Special:
For a limited time. **No initiation fee** and a **\$100 Gift Certificate** redeemable for Lessons or Merchandise at Avanti Sports. Call Mill Creek Tennis Club @ 425-224-4167 for a complimentary court time and Club Tour. For Monthly Rates and more details: go to <http://www.avantisports.com/millcreek.aspx>



-DIRECTOR OF TENNIS-
- ROGER MARK-

Roger has been Coaching tennis for over 36 years, attaining the highest field rating of Pro 1 in the USPTA and Professional Status in the PTR. In the 60's he was a Jr. product of the Amy Yee Tennis Clinics. In the 70's he was a Tennis Instructor with the Seattle Park Department. In the 80's he was the Head Pro at Forest Crest Athletic Club where he trained 80 kids in his Jr. Program. From 1984 to 2000 the Juniors he trained won a total of 11 State High School Titles. More than 32 of his Juniors have gone on to play collegiate tennis. In the 90's he was the Assistant Coach for the UW Huskies with both the Men's and Women's teams. His 1997 Women's Squad made the NCAA Tournament for the first time in the UW history. In the 2000's he Coached Adult USTA League Teams from 3.0 to 5.0 Level with 20 of his Teams qualifying for the Sweet 16 National Tournament. His Teams have won Four National Championships. The Men's 3.0 Squad in 2005, his Women's 3.0 and Men's 4.0 Team in 2008 and his Men's 4.0 Team in 2011. He is currently coaching 9 USTA teams working with over 150 Players on a weekly basis. He has worked with the areas top juniors and collegiate players. His style is innovative and energetic, and he is looking forward to helping each student reach his or her potential. Assistant coaches will consist of Mill Creek Pro Staff Members Ted Kim & Kent Van Alstyne.

In May 2009, Roger & his brother Byron took over Ownership of the Mill Creek Tennis Club. It is our goal to provide a balanced approach to promote a community/family oriented club. We invite all interested tennis players to join our tennis family.

Ted Kim
Tennis Professional
Ted played collegiate tennis at Seattle University. He was one of the original Avanti Sports managers at the Seattle store. He is assisting with all the Junior Tennis programs. Ted is on the Team Babolat Advisory Staff.



Kent van Alstyne
Tennis Professional (USPTA)
Kent is a Graduate of the University of Washington and the Player/Captain of the 2011 USTA Men's 4.0 National Champions. He is USPTA certified and has been an instructor with both the UW and MCTC. Kent is a current member of the Avanti Sports National Team and Prince and K-Swiss Advisory Staff.

Camp Dates & Times

Dec 26th-30th Jr. Varsity Mon-Fri 12PM-3PM
Dec 26th-30th Varsity Mon-Fri 3PM-6PM

Camp Fees:

Mill Creek Tennis Club Camps: Future Varsity, Jr Varsity, High School Varsity and all Adult Camps. 15 hrs
Members: \$200,
Non-Members \$240.
All Mill Creek Camps payable to Mill Creek Tennis Club (MCTC).

Classifications:

Jr Varsity: Intermediate Players. Class will cover Topspin and Underspin Groundstrokes, Spin Serves, Volleys, Overheads, Mental Toughness Seminar, Basic Singles and Doubles Strategy, and Match Play.

High School Varsity: Varsity Level Players. Course will cover Advanced Drilling, Topspin and Kick Serves, Approach & Serve-n-Volley techniques, Mental Toughness, Singles and Doubles Strategies and Match Play.

Application

Camp sizes are limited so register with this form today! A deposit of \$50.00 per person is required. Half is refundable with a one-week notice. The balance is due at the start of camp. All Mill Creek camps payable to Mill Creek Tennis Club (MCTC).

Send registration to:

Mill Creek Tennis Club
15505 Country Club Drive
Mill Creek, WA 98012

Name: _____

Street: _____

City, State and Zip: _____

Phone(day): _____(evening)_____

E-mail: _____

Names and dates of camps or events you wish to attend:
(We will confirm your registration either by e-mail or by phone call.)

First Choice: _____

Second Choice: _____

Minor Liability Waiver

Student Release: In consideration of acceptance of my child's entry, I do hereby for myself, my child, and my family waive and release any and all claims I may have against Seattle Public Schools, Mill Creek Tennis Club LLC, Avanti Sports LLC, Roger Mark, and their representatives for any and all injuries suffered in any event, sport, activity, and facility. I certify that my child is free from physical defects that would endanger them while attending the camps. I take full responsibility for equipment and facilities damaged by my child.

Signature of Parent or Guardian

_____ Date: _____

Liability Waiver

Student Release: In consideration of my acceptance, I do hereby for myself, and my family waive and release any and all claims I may have against Seattle Public Schools, Mill Creek Tennis Club, Avanti Sports LLC, Roger Mark, and their representatives for any and all injuries suffered in any event, sport, activity, and facility. I certify that I am free from physical defects that would endanger me while attending the camps. I take full responsibility for equipment and facilities that I might damage.

Signature of Student

_____ Date: _____

Whom to contact in an Emergency:

Name: _____ Phone: _____